

# SWAG Cancer Alliance GP Treatment

## Summary: Post Thyroid Surgery

National Cancer Survivorship Initiative (NCSI) -  
Working in Partnership



Department of Health

**WE ARE MACMILLAN.**  
CANCER SUPPORT



NHS Improvement

Name	Born	Gender	Hospital No	NHS No
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<b>Diagnosis:</b>	<b>Information will already be in place</b>	
<b>Date of Diagnosis:</b>		
<b>Organ/Staging:</b>		
<b>Treatment Aim:</b>	<b>Drop Down Options: Curative</b>	
<b>Treatment Aim Comments:</b>		
This treatment summary relates to the completion of surgical treatment only and discussion in the specialist Head & Neck MDT. It may change with subsequent consultations and if so you will be notified by the consultant or Head & Neck clinical nurse specialist.		
<b>Local/Distant</b>	<b>No</b>	
<b>Summary of treatment and relevant dates</b>	<b>Need to state – Operation, Side of Operation, Date of Operation, Date of Discharge and name of Ward. State any Postoperative Complications and Histology if not already in place</b>	

<b>Comments:</b>
<b>The following to be used for all patients UNLESS YOU STATE OTHERWISE:</b> In future may be at risk of: Lymphoedema if patient has had a neck dissection in addition to a thyroidectomy Fatigue Depression & anxiety Symptoms of under or over replacement with levothyroxine
<b>Alert symptoms that require referral back to specialist team</b>
<b>The following will be automatically inserted UNLESS YOU STATE OTHERWISE:</b> Wound breakdown/ general enquiries to contact CNS team Advice regarding speech and/ or swallowing: to contact Speech and language therapy team
<b>Secondary Ongoing Management Plan (Tests Appointments etc.)</b>
<b>State if for –</b> Radio-iodine treatment – this treatment will be co-ordinated by Bristol Haematology and Oncology centre under the care of Dr Beasley/ Dr Owadally  <b>The patient's next clinic appointment is due on (insert date)</b> <b>If the patient has attended a follow-up clinic before Treatment Summary is completed please insert relevant details from appointment</b>

<b>Advise entry onto primary care palliative or supportive care register</b>	<b>Drop Down Options:</b>	<b>Indicate Yes /No</b>
<b>DS1500 application completed</b>	<b>Drop Down Options:</b>	<b>Indicate Yes /No</b>
<b>Prescription Charge exemption arranged</b>	<b>Drop Down Options:</b>	<b>Indicate Yes/ No</b>
<b>Contacts for re-referrals or queries: In Hours Out of Hours</b>	<b>In Hours: Head &amp; Neck Clinical Nurse Specialists (provide number) Out of hours: Hospital ward name e.g. A700 if BRI (provide number)</b>	

Speech & language therapy team (provide number)

Referrals made to other services:			Tick relevant boxes or advise secretary which boxes to tick
AHP	Menopause/Endocrine support	Sexual dysfunction therapist	
Benefits/Advice Service	Occupational Therapist	Social Worker	
Bowel or bladder Incontinence service	Other	Speech and language therapist	
Clinical Nurse Specialist	Physical activity	Stoma service	
Complementary Therapist	Physiotherapy	Support Group	
Dietitian	Prosthetics service	Vocational Rehabilitation (work)	
District Nurse	Psychologist	Wig service	

Required GP actions in addition to GP Cancer Care Review (e.g. ongoing medication, osteoporosis and cardiac screening):

**State the following AS APPROPRIATE:**

Review current medications post treatment to ensure it still remains effective  
Monitor calcium and thyroid function levels and titrate medications accordingly

Summary of information given to the patient about their cancer and future progress:

**The following will be inserted UNLESS YOU STATE OTHERWISE:**

..... has been fully informed of their treatment and possible side effects, and has been given the relevant contact numbers for the **Macmillan support team/ Head & neck clinical nurse specialists (amend as required)** and the surgical ward. He/ she is aware of follow-up plans and future monitoring.  
After treatment patients will receive information regarding a Holistic Needs Appointment and a date to attend a Health and Well-being Event.  
If the patient has a post-operative problem within 4 weeks of surgery they should contact their clinical nurse specialist on the number above.

**Additional information relating to lifestyle and support needs:**

We have explained the importance of a healthy lifestyle after cancer treatment encouraging a healthy weight, well balanced diet, minimal alcohol, regular exercise and smoking cessation.  
There are many services available to support patients in their recovery and the Head and Neck clinical nurse specialists and our Macmillan Support Worker(s) are very happy to discuss any concerns or help with referrals

**Insert relevant local information about Cancer Information & Support centres, exercise schemes, self-management programmes, fatigue management services, support groups etc.**