

SWAG Cancer Alliance GP Treatment

Summary: Colorectal Palliative Care

National Cancer Survivorship Initiative (NCSI) - Working in Partnership



Department of Health



NHS Improvement



Name	Born	Gender	Hospital No	NHS No
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Diagnosis:	Information will already be in place		
Date of Diagnosis:			
Organ/Staging:			
Treatment Aim:	Drop Down Options: Symptom Control / Palliative /End of Life	Indicate from drop down treatment plan	
Treatment Aim Comments:			
Insert patient name has been diagnosed with metastatic disease			
Local/Distant	Insert relevant sites		
Summary of treatment and relevant dates	Add in treatment given if not already in place		

Comments: Add in patient specific information around possible side-effects from disease and/or treatments
<p>Patient may experience the following:</p> <ul style="list-style-type: none"> Lethargy, poor concentration and low stamina Emotional problems/anxiety/depression – advice from colorectal clinical nurse specialist team, patient support groups and counselling services are available <p>Please add in specific symptoms patient may experience depending on location of metastatic disease:</p>
Alert symptoms that require referral back to specialist team
<p>The following will be automatically inserted UNLESS YOU STATE OTHERWISE:</p> <ul style="list-style-type: none"> Any symptoms of possible disease progression including persistent anorexia and nausea, persistent bone pain, jaundice, persistent cough or shortness of breath, persistent headache Signs / symptoms of metastatic spinal cord compression - MSCC Co-Ordinator: Oncology On Call Registrar (provide number)
Secondary Ongoing Management Plan (Tests Appointments etc.)
Patients receiving palliative treatments will be routinely followed up at - insert treatment centre . Future treatments will depend on the patients' symptoms and any disease progression and may include chemotherapy and/ or radiotherapy.

Advise entry onto primary care palliative or supportive care register	Drop Down Options:	Indicate Yes /No
DS1500 application completed	Drop Down Options:	
Prescription Charge exemption arranged	Drop Down Options:	Indicate Yes/ No
Contacts for re-referrals or queries: In Hours Out of Hours	<p>In Hours: If within 6 weeks of oncology treatment – (provide number)</p> <p>After 6 weeks – refer back to treating consultant or via oncology registrar on call – (provide number)</p>	

	<p>Out of Hours: Oncology Registrar On Call – (provide number/ bleep)</p> <p>Colorectal Clinical Nurse Specialists – (provide number)</p>
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Referrals made to other services:			<p>Tick relevant boxes or advise secretary which boxes to tick</p>
AHP	Menopause/Endocrine support	Sexual dysfunction therapist	
Benefits/Advice Service	Occupational Therapist	Social Worker	
Bowel or bladder Incontinence service	Other	Speech and language therapist	
Clinical Nurse Specialist	Physical activity	Stoma service	
Complementary Therapist	Physiotherapy	Support Group	
Dietitian	Prosthetics service	Vocational Rehabilitation (work)	
District Nurse	Psychologist	Wig service	

<p>Required GP actions in addition to GP Cancer Care Review (e.g. ongoing medication, osteoporosis and cardiac screening):</p>
<p>Please add any patient specific information:</p>
<p>Summary of information given to the patient about their cancer and future progress:</p>
<p>The following will be inserted UNLESS YOU STATE OTHERWISE:</p> <p>..... is aware of all the details regarding his/her colorectal cancer as documented in the information above. He/she understands that the cancer is incurable and that they have received treatment with the aim of prolonging survival and controlling symptoms. He/she is aware that if they have any symptoms of concern to contact the colorectal nurse specialists who will advise on an appropriate course of action.</p> <p>Please use the link to access and order the Macmillan Pelvic Radiotherapy Toilet Card and symptom checklist if appropriate</p>
<p>Additional information relating to lifestyle and support needs:</p>
<p>We have explained the importance of trying to maintain a healthy lifestyle encouraging a healthy weight, well balanced diet, minimal alcohol, regular exercise and smoking cessation.</p> <p>There are many services available to support patients in their recovery and the Colorectal Nurse Specialists and our Macmillan Support Worker(s) are very happy to discuss any concerns or help with referrals</p> <p>Insert relevant local information about Hospice support, stoma nurses, Cancer Information & Support centres, exercise schemes, self-management programmes, fatigue management services, support groups etc.</p>