

SWAG Cancer Alliance GP Treatment

Summary: Bone Metastases

Radiotherapy

National Cancer Survivorship Initiative (NCSI) - Working in Partnership



Department of Health



Name	Born	Gender	Hospital No	NHS No
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Diagnosis:	Information will already be in place		
Date of Diagnosis:			
Organ/Staging:			
Treatment Aim:	Drop Down Options: Palliative	Indicate from drop down treatment plan	
Treatment Aim Comments:			
This treatment summary relates to the end of radiotherapy to treat bone metastases only and may change with subsequent consultation and if so you will be advised by the consultant or clinical nurse specialist			
Local/Distant	Insert relevant sites		
Summary of treatment and relevant dates	State what radiotherapy has been given including dates and for how long if information not already in place		

Comments:
Add in patient specific information around side-effects experienced from radiotherapy
<p>The following to be used for all patients UNLESS YOU STATE OTHERWISE:</p> <p>Possible treatment consequences and/ or late effects:</p> <p>Acute Effects (During or shortly after radiotherapy)</p> <ul style="list-style-type: none"> • Pain in the affected area – this often becomes worse 24 – 48 hours post treatment due to an inflammatory response in the tissues being treated. Regular analgesia is advised. When effective most patients get relief of their pain within 2 – 4 weeks, but it is important to continue taking analgesia until pain settles • Skin irritation - Skin in the treatment area may become pink (erythematous) following completion of treatment. Moisturising cream to be applied twice daily. Pruritus - 1% Hydrocortisone topical application twice daily (for up to a week). Discontinue use of creams if skin becomes broken • Fatigue – moderate daily exercise within the limits of mobility should be encouraged. Avoid any exercise which is high impact e.g. running or exercise which might cause a fall <p>Other side effects depend on the area which has been treated</p> <ul style="list-style-type: none"> • Thoracic or lumbar spine – nausea and vomiting. Anti-emetics may be helpful • Pelvis – diarrhoea. Loperamide can be used • Cervical spine – soreness and discomfort with swallowing. Soluble analgesics can be helpful <p>Please use the link to access and order the Macmillan MSCC information/ alert card if appropriate</p>
Alert symptoms that require referral back to specialist team
<p>The following will be automatically inserted UNLESS YOU STATE OTHERWISE:</p> <ul style="list-style-type: none"> • Signs of recurrent disease – refer to clinical oncologist • Signs/ symptoms of metastatic spinal cord compression - MSCC Co-Ordinator: Oncology On Call Registrar (provide number)

Secondary Ongoing Management Plan (Tests Appointments etc.)
Follow-up will continue with the clinical oncologist as required
Indicate if referral to palliative care has been made in this space

Advise entry onto primary care palliative or supportive care register	Drop Down Options:	Indicate Yes/ No
DS1500 application completed	Drop Down Options:	Indicate Yes/ No
Prescription Charge exemption arranged	Drop Down Options:	Indicate Yes/ No
Contacts for re-referrals or queries: In Hours/Out of hours	In Hours: Radiotherapy Aftercare Service (provide number) Clinical Nurse Specialist – (provide number) Out of hours: Leave message on answerphone or contact Acute Oncology (provide number)	

Referrals made to other services:			Tick relevant boxes or advise secretary which boxes to tick
AHP	Menopause/Endocrine support	Sexual dysfunction therapist	
Benefits/Advice Service	Occupational Therapist	Social Worker	
Bowel or bladder Incontinence service	Other	Speech and language therapist	
Clinical Nurse Specialist	Physical activity	Stoma service	
Complementary Therapist	Physiotherapy	Support Group	
Dietitian	Prosthetics service	Vocational Rehabilitation (work)	
District Nurse	Psychologist	Wig service	

Required GP actions in addition to GP Cancer Care Review
The patient has a follow-up oncology appointment on insert date and hospital site
Summary of information given to the patient about their cancer and future progress:
<p>The following will be inserted UNLESS YOU STATE OTHERWISE:</p> <p>..... is aware of all the details regarding their insert relevant cancer site cancer as documented in the information above. He/ she understands that their cancer is incurable and that they have received treatment with the aim of prolonging survival and controlling symptoms. He/ she is aware that if they have any symptoms of concern they should contact the insert relevant cancer site clinical nurse specialists who will advise on an appropriate course of action.</p> <p>Indicate if the patient has received the Macmillan MSCC information/ alert card</p>

Additional information relating to lifestyle and support needs:
<p>We have explained the importance of a healthy lifestyle after cancer treatment encouraging a healthy weight, well balanced diet, minimal alcohol, regular exercise and smoking cessation.</p> <p>There are many services available to support patients and the clinical nurse specialists and our Macmillan Support Worker(s) are very happy to discuss any concerns or help with referrals</p> <p>Insert relevant local information about Cancer Information & Support centres, hospice support, exercise schemes, self-management programmes, fatigue management services, support groups etc.</p>