

SWAG Cancer Alliance GP Treatment Summary: Thyroid Radioactive Iodine Treatment

National Cancer Survivorship Initiative (NCSI) - Working in Partnership



Name	Born	Gender	Hospital No	NHS No
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Diagnosis:	Information will already be in place
Date of Diagnosis:	
Organ/Staging:	
Treatment Aim:	Drop Down Options: Curative
Treatment Aim Comments:	
This treatment summary relates to the end of radioactive iodine therapy for thyroid cancer	
Local/Distant	No
Summary of treatment and relevant dates	State what dosage of radioactive iodine has been given including dates and for how long if information not already in place

Comments:
Add in patient specific information around side-effects experienced from treatment
<p>The following to be used for all patients UNLESS YOU STATE OTHERWISE:</p> <p>Possible treatment consequences and/ or late effects:</p> <ul style="list-style-type: none"> • Sialadenitis (inflammation of salivary gland) – simple analgesia can help relieve any pain • Nasolacrimal duct stenosis/ lacrimal gland dysfunction causing dry or watery eyes • Early menopause • Fertility problems (with multiple doses) • Late radiation induced malignancy • Nausea – anti-emetics can be prescribed • Tiredness – pacing activities and regular exercise is helpful • Gastritis – this usually resolves quickly after treatment • Cystitis – antibiotics may be required with persistent infection • Sore or tender neck – simple analgesia can help relieve pain • Dry mouth – drinking plenty of fluids is advised. Artificial saliva can be prescribed in severe cases
Alert symptoms that require referral back to specialist team
<p>The following will be automatically inserted UNLESS YOU STATE OTHERWISE:</p> <p>None anticipated</p>

Secondary Ongoing Management Plan (Tests Appointments etc.)
The patient has a follow up at Bristol Haematology and Oncology Centre (insert treatment centre if different) on insert date
An Ultrasound scan will be arranged for 6-9 months post radioactive iodine treatment and/ or whole body scan

Advise entry onto primary care palliative or supportive care register	Drop Down Options:	No
DS1500 application completed	Drop Down Options:	No
Prescription Charge exemption arranged	Drop Down Options:	Indicate Yes/ No

Contacts for re-referrals or queries: In Hours/Out of hours	In Hours Radiotherapy Aftercare Service (provide number) Out of hours: Acute Oncology 24 Hours advice line (provide number) Thyroid Clinical Nurse Specialists (provide number)
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Referrals made to other services:			Tick relevant boxes or advise secretary which boxes to tick
AHP	Menopause/Endocrine support	Sexual dysfunction therapist	
Benefits/Advice Service	Occupational Therapist	Social Worker	
Bowel or bladder Incontinence service	Other	Speech and language therapist	
Clinical Nurse Specialist	Physical activity	Stoma service	
Complementary Therapist	Physiotherapy	Support Group	
Dietitian	Prosthetics service	Vocational Rehabilitation (work)	
District Nurse	Psychologist	Wig service	

Required GP actions in addition to GP Cancer Care Review

State the following AS APPROPRIATE:
Until the patient is confirmed to be in remission they should be prescribed the minimum dose of Levothyroxine to keep the TSH level suppressed to < 0.1 mIU/L. Once they are confirmed to be in remission the consultant will inform you whether or not this TSH suppression should continue and if so, for how long.

Summary of information given to the patient about their cancer and future progress:

The following will be inserted UNLESS YOU STATE OTHERWISE:
..... is aware of all the details regarding his/ her thyroid cancer as documented in the information above. He/ she understands the aim of treatment is **curative** and that all treatments have been given with the aim of reducing the future risk of relapse as much as possible. He/ she understands that if they have any symptoms of concern they should contact the thyroid clinical nurse specialists who will advise on an appropriate course of action.
After treatment patients will receive information regarding a Holistic Needs Appointment and a date to attend a Health and Well-being Event.

Additional information relating to lifestyle and support needs:

We have explained the importance of a healthy lifestyle after cancer treatment encouraging a healthy weight, well balanced diet, minimal alcohol, regular exercise and smoking cessation.
There are many services available to support patients in their recovery and the thyroid clinical nurse specialists and our Macmillan Support Worker(s) are very happy to discuss any concerns or help with referrals

Insert relevant local information about Cancer Information & Support centres, exercise schemes, self-management programmes, fatigue management services, support groups etc.