



South West Strategic Clinical Network
Somerset, Wiltshire, Avon and Gloucestershire (SWAG) Cancer Services

Recommendations For GP Monitoring Of CLL

Your patient has been diagnosed with chronic lymphocytic leukaemia (CLL). CLL usually develops very slowly and many people do not require treatment for years.

Your patient does not require any treatment at present. We would be grateful if you could monitor the CLL with a full blood count (FBC) **every 6 months** together with a clinical assessment for signs and symptoms that could be due to progressive CLL. These include:

- Fatigue
- Frequent respiratory tract infections
- Progressive symptomatic lymphadenopathy or splenomegaly
- Systemic symptoms of weight loss, drenching sweats, or unexplained fevers

Please refer the patient back to the haematology clinic if he/she develops these or any of the following:

- Hb <10g/dL
- Platelets <100 x10⁹/L
- Lymphocyte count >100 x10⁹/L
- Lymphocyte doubling time < 6 months

Further information about CLL can be obtained from :

<http://www.macmillan.org.uk/Cancerinformation/Cancertypes/Leukaemiachroniclymphocytic>