

## Pegylated liposomal doxorubicin hydrochloride (Caelyx®) and Carboplatin (gynae)

### Indication

Palliative therapy for relapsed ovarian, fallopian tube or primary peritoneal cancer with late relapse (> 6 months) after previous treatment with a platinum or platinum and taxane.

(NICE TA 91)

### ICD-10 codes

Codes prefixed with C48, 56 and 57.

### Regimen details

Day	Drug	Dose	Route
1	Caelyx®	30mg/m <sup>2</sup>	IV infusion
1	Carboplatin	AUC 5 or 6*	IV infusion

\* Carboplatin dose calculated using the Calvert equation: **Carboplatin dose (mg) = AUC (CrCl +25)**

The creatinine clearance (CrCl) is calculated using the Cockcroft and Gault equation, however for patients where the creatinine level may not truly reflect renal function (e.g. in extremes of BSA or debilitated patients) an EDTA should be performed. If using an EDTA consider dosing at AUC 5 and if using Cockcroft and Gault consider dosing at AUC 6.

CrCl should be capped at 125mL/min.

### Cycle frequency

28 days

### Number of cycles

6 cycles

### Administration

Caelyx® is administered in 250mL glucose 5%. For the first dose Caelyx® should be given over 60 minutes or at a rate of 1mg/minute (whichever is longer). If well tolerated subsequent infusions can be administered over 60 minutes. Infusions of Caelyx® **must not** be filtered.

Carboplatin is administered in 250-500mL glucose 5% over 30-60 minutes.

Patients should be observed closely for hypersensitivity reactions, particularly during the first and second infusions. Hypersensitivity reactions may occur within a few minutes following the initiation of the infusion of Caelyx® or carboplatin. Facilities for the treatment of hypotension and bronchospasm **must** be available.

If hypersensitivity reactions occur, minor symptoms such as flushing or localised cutaneous reactions do not require discontinuation of therapy. The infusion may be temporarily interrupted and when symptoms improve restarted at a slower infusion rate. Chlorphenamine 10mg IV may be administered. Severe reactions, such as hypotension, bronchospasm or generalised rash/erythema require immediate discontinuation of the infusion and appropriate therapy initiated.

### Pre-medication

Chlorphenamine 10mg IV and hydrocortisone 100mg IV may be given if there has been more than a 6 month gap between courses of treatment due to a possible reaction to carboplatin antibodies.

### Emetogenicity

This regimen has a moderate - high emetogenic potential

### Additional supportive medication

Mouthwashes as per local policy.  
Loperamide if required.

### Extravasation

Carboplatin is an irritant (Group 3)  
Caelyx® is an exfoliant (Group 4)

### Investigations – pre first cycle

Investigation	Validity period (or as per local policy)
FBC	14 days
U+E (including creatinine)	14 days
LFTs	14 days
CA125	28 days

Baseline EDTA if suspected or significant renal dysfunction.  
ECHO if history of cardiac dysfunction.

### Investigations – pre subsequent cycles

Investigation	Validity period (or as per local policy)
FBC	96 hours
U+E (including creatinine)	7 days
LFTs	7 days

### Standard limits for administration to go ahead

If blood results not within range, authorisation to administer **must** be given by prescriber/ consultant.

Investigation	Limit
Neutrophils	> 1.0 x 10 <sup>9</sup> /L
Platelets	> 100 x 10 <sup>9</sup> /L
Creatinine Clearance (CrCl)	> 30mL/min (and <10% change in CrCl from previous cycle)
Bilirubin	< ULN

### Dose modifications

- Haematological toxicity**

If neutrophils < 1.0 x 10<sup>9</sup>/L and/or platelets < 100 x 10<sup>9</sup>/L delay treatment for 1 week or until count recovery.

In the case of febrile neutropenia (neutrophils < 0.5 x 10<sup>9</sup>/L and fever > 38.5°C requiring IV antibiotics) reduce Caelyx® to 75% and carboplatin by 1 x AUC for all future cycles.

- Renal impairment**

CrCl (mL/min)	Carboplatin dose
> 30	100%
20-30	EDTA then 100% dose or consider non-nephrotoxic regimen.
< 20	Omit

If the calculated CrCl falls by more than 10% from the previous cycle consider dose adjustment.

No dose modifications are required for Caelyx® for renal impairment.

- Hepatic impairment**

Bilirubin (x ULN)	Caelyx <sup>®</sup> dose
≤ 1.0	100%*
1.0-2.5	75%*
2.5-3.5	50%*
> 3.5	Avoid

\*If the first dose is tolerated without an increase in bilirubin or LFTs the second dose can be increased to the next dose increment (i.e. 50% to 75% and 75% to 100%) and then titrated back to full dose on subsequent cycles if tolerated.

Transient increases in liver enzymes have been seen in patients being treated with carboplatin although no dose reduction is usually required. In severe hepatic dysfunction consider a dose reduction (discuss with consultant).

- **Other toxicities**

Cutaneous toxicity (stomatitis or palmar plantar erythema – PPE) – treat symptomatically until toxicity resolved then Caelyx dose as per table below.

Toxicity grade	Toxicity resolved day 28 (day next cycle due)	Toxicity resolved day 35 (1 week delay)	Toxicity not resolved by day 42 (2 weeks delay)
Grade 1	Continue 100% dose	Continue 75% dose	Discontinue
Grade 2	Continue 75% dose	Continue 75% dose	Discontinue
Grade 3 or 4	Discontinue		

To minimise the risk of PPE for the first week after Caelyx<sup>®</sup> infusion:

- Keep hands and feet as cool as possible.
- Avoid tight-fitting gloves, sock, footwear and high-heeled shoes.
- Avoid exposing the skin to very hot water.
- Avoid vigorous rubbing of skin-pat skin dry after washing.
- Avoid use of topical anaesthetics as these can worsen skin reactions.

For all other grade 3 toxicities (except alopecia) delay treatment until resolved to ≤ grade 1 and resume with Caelyx<sup>®</sup> 75% and/or carboplatin AUC 4. If further toxicity occurs or grade 4 toxicity withhold treatment or consider an additional dose reduction (discuss with consultant).

If delays of > 3 weeks or > 2 dose reductions, discontinue treatment.

**Adverse effects** - for full details consult product literature/ reference texts

- **Serious side effects**

Myelosuppression

Infertility

Peripheral neuropathy

Thromboembolism

Optic neuritis

Convulsions

Pulmonary fibrosis (rare)

Nephrotoxicity

- **Frequently occurring side effects**

Myelosuppression

Nausea and vomiting

Alopecia

Constipation, diarrhoea

Stomatitis and mucositis

Fatigue

Allergic reactions  
Palmar Plantar Erythema (PPE)

- **Other side effects**

Discoloured urine

**Significant drug interactions** – for full details consult product literature/ reference texts

**Warfarin/coumarin anticoagulants:** Avoid use due to elevations in INR. Switch to low molecular weight heparin during treatment.

**Carboplatin only:**

**Aminoglycoside antibiotics:** increased risk of nephrotoxicity and ototoxicity

**Clozapine:** increased risk of agranulocytosis, avoid concomitant use

**Diuretics:** increased risk of nephrotoxicity and ototoxicity

**Nephrotoxic drugs:** increased nephrotoxicity; not recommended

**Phenytoin:** carboplatin reduces absorption and efficacy of phenytoin

**Additional comments**

Consider previous anthracyclines exposure. Doxorubicin has a lifetime maximum cumulative dose of 450mg/m<sup>2</sup>.

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**References**

- National Institute for Clinical Excellence. Technology Appraisal Guidance 91. Accessed 14 August 2014 via [www.nice.org.uk](http://www.nice.org.uk)
- Summary of Product Characteristics Carboplatin (Hospira) accessed 14 August 2014 via [www.medicines.org.uk](http://www.medicines.org.uk)
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- Allwood M, Stanley A, Wright P, editors. The cytotoxics handbook. 4<sup>th</sup> ed. Radcliffe Medical Press. 2002.

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